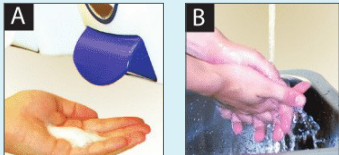


Putting on (donning) Personal Protective Equipment (PPE)

1 Hand hygiene



- A. Using an alcohol-based hand rub is the preferred way to clean your hand. Rub for 20 seconds.
- B. If your hands are visibly soiled (look or feel dirty), soap and water must be used to wash your hands. Wash for at least 20 seconds.

2 Gown



- A. Fully cover torso from neck to knees, arms to end of wrist.
- B. Fasten/Tie at the back of neck and waist.

3a Procedure/surgical mask



- A. Secure the ties or elastic at middle of head and neck.
- B. Fit flexible band to nose bridge. Fit snugly to your face and below chin.

3b N95 respirator

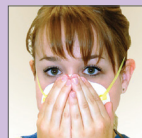
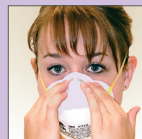
There are different styles of N95 respirators (pictured below). They include:



A. Molded Cup



B. Duckbill



- A. Cup the N95 respirator in your hand.
- B. Position the N95 respirator under your chin with the nose piece up. Secure the elastic band around your head so the N95 respirator stays in place.
- C. Use both hands to mold the metal band of the N95 respirator around the bridge of your nose.
- D. Fit check the N95 respirator.

4 Goggles/faceshield



- A. Place over the eyes (or face).
- B. Adjust to fit.

5 Gloves



- A. Pull the cuffs of the gloves over the cuffs of the isolation gown – ensure that wrists are covered, and no skin is exposed.